## Lady Scots TF Practice Schedule Jan. 17<sup>th</sup>-21<sup>st</sup>

\*Monday, Jan. 17<sup>th</sup> - No practice.

\*Tuesday, Jan. 18<sup>th</sup> - 3:00 p.m. - 5:30 p.m. @ Germany Park

\*Wednesday, Jan. 19<sup>th</sup> - 3:00 p.m. - 5:30 p.m. @ Germany Park

\*Thursday, Jan. 20<sup>th</sup> - 3:00 p.m. - 5:30 p.m. @ Germany Park. Pre-meet workout.

\*Friday, Jan.  $21^{st}$  - Intrasquad Meet - Team needs to be @ Germany Park by 3:00 p.m. The meet starts @ 3:30 p.m. We will be done around 6:15 p.m.